

# JENSEN BEACH HIGH SCHOOL ATHLETICS



## GIRLS WEIGHTLIFTING SCHEDULE 2009 - 2010

<b>Date / Day</b>	<b>Time</b>	<b>Site</b>	<b>Competing Teams</b>
Dec 11 Fri	3:30 pm	Port St. Lucie	Port St. Lucie Invite
Dec 16 Wed	3:30 pm	Martin County	MCHS, South Fork, FP Central, St. Edwards
Jan 6 Wed	3:30 pm	Home	South Fork, Martin County, St. Edwards
Jan 12 Tue	3:30 pm	South Fork	Martin County, South Fork, St. Edwards
Jan 20 Wed	3:30 pm	Martin County	TBA
Jan 23 Sat	7:30 am	FP Central	Quad County Championships
Jan 30 Sat	7:30 am	TBA	Sectionals
Feb 13	TBA	TBA	State Finals

Head Coach: Mike Sawtelle

10/22/09